

BARSTOW LOG

SERVING MCLB DURING TRANSITION AND CHANGE

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Marine Corps Logistics Base Barstow, California

February 8, 2001

Marine Pride

Sergeant Major, MARFORPAC, takes pride in Marines doing the right thing for the right reason.

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African American History Month

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We learned, but do we really know?

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Admin Marines

Working in Admin is a thankless job, but these Marines strive to do it right – as shown during a recent MCAAT inspection.

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Workers' Comp Fraud Classes conducted

Base officials stress being part of the solution is better than being part of the problem

By LCpl. Cory Kelly

BARSTOW LOG staff

Base employees recently began training classes of a slightly different sort than they are accustomed to, Worker's Compensation Fraud Prevention Training.

The Worker's Compensation Fraud Prevention program, set up by A&E Groups, a civilian contracted entity, is a two-phase program. The first phase is a one-hour class on Worker's Compensation fraud and how to detect it for base employees. The second is A&E Groups' toll-free third-party reporting system called ActionLine, so employees can anonymously call in suspected Worker's Compensation fraud incidents.

The ActionLine number is (800) 775-5463.

Esther Gonzales, manager of the Human Resources Office here, said the classes are designed to give employees an awareness of how Worker's Compensation works, and how to detect and report suspected fraud.

Once reported, steps are taken to determine whether or not Worker's Compensation fraud is actually being committed so appropriate action can be taken.

Marva Johnson, employee development branch head, HRO, said the base and Maintenance Center Barstow collectively shelled out more than three million dollars in Worker's Compensation in the last year and these classes are just another one of the many ways the base is trying to lower that cost.

The fraud prevention training is just the tip of the iceberg when it comes to the measures the base is taking to lower costs and improve working conditions, according to Col. Mark A. Costa, base commander.

He explained this effort is one part of the umbrella program that all of the Department of Defense is working on right now called Federal Worker 2000. "It is an effort to meet goals established last year," Costa said, noting that the goals center around a significant reduction in Worker's Compensation costs.

"The classes are an element of the bigger program of revising the way we take care of [Worker's Compensation] cases," Costa said.

The base has set up a three-pronged attack to help do this. The first two prongs are directed toward the evaluation of existing Worker's Compensation Cases.

For the first prong, an office from Naval Seas Systems Command has been put under contract to reevaluate the validity of long-term Worker's Compensation cases. "Those are the long-term cases. Those people are technically no longer on the rolls of the base, but the base and the maintenance center still pay com-

pensation costs to these people," he said. "The second group are those people who have been recently injured on the job, who qualify for some type of compensation.

"We are looking at the total process of identifying those people as quickly as possible. We need to evaluate their current situation and how that affects their ability to continue to work or if they are able to work in a different environment with either accommodation or a change in duties, until they are fully able to come back to work," Costa said.

He also said, for more serious or permanent injuries "... offering them a completely different position that better suits their current condition ..." is also an option.

"The third major element of the entire program is prevention of injuries that cause someone to be qualified for Worker's Compensation," Costa said. "And this is going to include emphasis on our safety programs, accident prevention, and also one of the other programs that is talked about, Ergonomics."

David Howard, instructor from A&E Groups, said, "the less money a company spends out to Worker's Compensation, the more money they have for other programs."

"The amount of people in any entity that actually commit fraud is very small," he said. "Ninety-five to 98 percent of all the employees that take advantage of workers' compensation are probably honestly hurt and receiving benefits because of honest injuries. It's that two or three percent of employees who are repeat of-

fenders, taking advantage of the system, that are the problem," he said.

Bella Nies, a management assistant for the administrative support branch who attended the training January 26, had a slightly different view of the problem. "A lot of people take advantage of the system. People hurt themselves playing football and come to work and fill out a form saying they hurt themselves [doing their job]," she said. "And that makes it difficult for people who really need compensation. People get hurt and have a hard time getting their benefits because of those people who are abusing the system."

"A lot of people don't like to get 'involved' in reporting fraud," Nies added. "Many people don't report fraud because of retaliation."

"This is good because it's anonymous," she said, referring to the ActionLine workers can use to report suspected fraud while keeping their names out of the headlines.

Costa said misunderstanding is always a problem. "The misperception may be the reason we are holding this class is that we believe there is a lot of fraud in the current process."

Costa rebutted that perception. "That's not true. We have no reason to believe there is an inordinate amount of abuse of the current system, but to have a comprehensive program you have to recognize that even in the best program there is a percentage of abuse of the

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Current VITA Participation

Keeping an eye open

If you think someone you work with might be taking advantage of their Workers' Compensation benefits by committing fraud, be a part of the solution. Call the toll-free ActionLine number at 1(800)775-5463 if you:

- Receive questionable/excessive treatments or testing for a legitimate injury, or are referred to specialists or other doctors without legitimate medical reasons.
- Are aware of managers or supervisors who do not support a safe workplace and prompt care for on the job injuries or refuse or discourage the filing of a Workers' Compensation claim.
- Know of pre-existing injuries claimed as a Workers' Compensation injury by anyone.
- Know of fictional Workers' Compensation claims.
- Are aware of an "injured" worker engaged in other work or any strenuous activity not consistent with the injury claim.
- Know of a co-worker with no accrued annual leave who remarks about vacation plans and files a Workers' Compensation claim or observe a co-worker looking for potential slip and trip "hazards" to fake an injury.

Note: Compiled from an A&E Groups pamphlet

Marines going above and beyond the call of duty

By **SgtMaj. Stephen H. Mellinger**

Marine Forces Pacific

CAMP H.M. SMITH, Hawaii – I recently completed a tour of our West Coast commands and I have to tell you that I couldn't be more proud of being a Marine. There were two events in particular that simply beg to be shared with all of you. To me they speak volumes to what type of Marines we have in our Corps today.

The first event involved Marines of HMT-301, MAG-39 and a six-year-old boy named Will Grassell. It happened that the day I visited this squadron I was told of this special Pinedale, Wyoming guest. Young Will was there for a ride in a Cobra helicopter. That certainly got my attention!

I had to ask the obvious, "Why is a six year old being allowed to catch a ride in a tactical Marine Corps helicopter?" It was explained to me that this unusual flight was a result of the Make A Wish Foundation. Will has a terminal brain tumor.

The Make A Wish Foundation works magic for terminally ill children by making their wishes and dreams a reality. It seems one of young Will's dreams involved Marine aviation.

I observed from the back of HMT-301's ready room the start of Will's dream come true experience. It's hard to describe the emotions felt in that ready room as the Marines began interacting with Will. To make him part of the "team," the Marines first presented him with an official HMT-301 squadron patch to be displayed on his custom-made flight suite. I recall Will's eyes lighting up with enthusiasm, along with an ear-to-ear grin, as he received his flight briefing from Maj. Andrew S. Cauthen, the

Cobra pilot assigned to fly this mission.

I watched Will's mother and father who could not have been more excited and happy for their son. I also watched the Marine Cobra pilot, whose primary purpose as an aviator is to wreak total havoc on the enemy, exert every possible ounce of his energy to make this a most memorable experience for this young boy.

My heart goes out to Will and his family and my hat is off to the Marines of HMT-301 for the joy and happiness they brought to him by granting his wish. Bravo Zulu, Marines, on a job well done.

The second occurrence involved a Marine PFC and another Marine Cobra pilot. Echo Company, 2nd Battalion, 5th Marines was doing what grunts love to do, stomp around in the middle of nowhere (a designated training area) in the middle of the night. That same evening Capt. James H. Adams III, MAWTS-1 instructor pilot, was performing a night systems instructor's certification flight aboard Camp Pendleton with an HMLA-367 co-pilot.

As the aviators were "heading back to the barn" following their tiring flight mission, Adams noticed a flicker of light coming from the wood's edge. Something in his gut told him to investigate. Though his "required" mission was complete, he decided to make a couple of passes over that area. Suddenly, several light beams began flashing as if trying to signal the helicopter. Again something in Adams' gut told him to investigate further. He turned on the helicopter's searchlight and spotted a small group of Marines and corpsmen surrounding a downed Marine. Convinced something was wrong, he landed

his Cobra near the ground troops.

His instincts were correct. These Marines and Sailors had become separated from their company and they had a man down from a possible heat stroke. Adams surmised a life and death possibility for this young Marine if not immediately treated.

The heavy terrain they were in made it impossible to radio in for medical assistance. A decision by the Cobra pilot had to be made, and made fast.

With time working against the casualty, Adams decided to use his Cobra for a medical evacuation of this Marine to the hospital.

I have to believe that Adams was also thinking about the possible "legal" ramifications of flying an unauthorized passenger in his gun ship. For him there could be serious consequences (his career in the Marine Corps could be at stake).

But, being a true Marine leader, his career would have to take a "back seat" (excuse the pun) to the needs of a fellow Marine. Adams' co-pilot remained behind with the other personnel while he flew the Marine casualty to a hospital. In all my time in the Corps, I've never heard of a Cobra flying a medevac mission. I will tell you that, thanks to Adams' actions, the young Marine PFC is doing fine.

Both of these occurrences, involving Cobra community Marines, serve as reminders to us that Marines are much more than just the best fighting organization in the world. To all the Marines who played any role in the success of the aforementioned events, OOH RAH! You've made all of us very proud of your unselfish deeds.

Whaz-----zup? Whaz-----zup with you?

By **Lt. Cmdr. Elmon R. Krupnik**

Base Chaplain



No doubt a majority of you watched the Superbowl game, at least for awhile. Some were watching it for the game; others were watching it for the commercials.

I must admit that there was quite a variety of commercials.

One of the most intriguing commercials was exploring the different ways that a person can say, "Whaz u-----p?"

God uses many different ways to ask us, "Whaz u-----p?" He uses his Spirit, his Word, our conscience, and other people. Matthew 6:8 states that *your Father knows what you need before you ask him*. Despite the knowledge that He has, God still wants us to come to Him in prayer about every aspect of our lives. God is concerned with what's up in our lives, and He wants to have fellowship with us. He is concerned about us in a very personal way.

From now on, every time you see those commercials, remember that God is also asking you the same question.

Blessings to all,
Chaplain Krupnik

Just doing my job ...



Photo by LCpl. Joshua Barnhardt

"Hello to all my friends and customers that have been such loyal customers for the past two years I have been a barber at the Marine Base. The time has come that I will be moving on to another shop closer to my home and family. I appreciate the friendships I have gained, the talks and the laughter at the shop. This decision has been the hardest one to make. A lot of the Marines are the age of my son, and I feel like I'm leaving my sons behind. My last day at the Barber Shop will be February 23. If you are in the Victorville area, or Hesperia, stop in and say "Hi." I will miss all of you guys, but I really won't miss the drive. Thanks again. Sincerely, Cassie Latta."

From all the Marines at MCLB Barstow, we thank you Cassie for just doing your job.

Chapel Hours

Protestant Sun. 8:30 a.m.
Catholic Mass Sun. 10:30 a.m.

**Confession services
before Mass**

Yermo Bible Study

Wednesday 11 - 11:30 a.m.
At the **Colonel's Workshop**
For more info call
Don Brooks at 577-7165.



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NEWS BRIEFS

"News Briefs" is designed to disseminate information to the MCLB Barstow community. Submissions should include a point of contact and phone number, and be received by noon, Friday for the next issue. Submit news briefs via e-mail to editor@barstow.usmc.mil.

Ephedra Products Pulled

The Navy Bureau of Medicine and Surgery recently urged the Navy/Marine Corps Exchange System to pull all products containing *ephedrine alkaloids* from its shelves. Ephedrin alkaloids, more commonly known as *ma huang* or *ephedra*, can have dangerous side effects if label instructions are not carefully followed.

Ephedrin alkaloids are found in some dietary supplements as well as bodybuilding and performance-enhancing products. Reported side effects include cardiac arrest, stroke, seizures, loss of consciousness, hyperactivity, lethargy, numbness and heat intolerance. These side effects are more common in the young and healthy and are compounded by exercise and heat.

Some products that contain ephedra are: Metabolife, Beyond Ripped, Herbal Phen-Fast, Kwik Energy, Ripped Fuel, Metacuts, Ultra Ripped and Chroma Slim.

The Navy Surgeon General urges customers to follow all dietary supplement label instructions and warnings, including dose and frequency of administration. Patients should inform their health care providers of any dietary supplements being taken as they may interfere with prescribed medications and treatment programs. Finally, customers should stop taking any dietary supplement if they are experiencing headaches, dizziness, visual disturbances, sleeplessness, loss of appetite or any other unusual symptoms.

Blood Drive

Show the world your love with the gift of life.

Donate a pint of blood February 15, 11:30 a.m.-3:30 p.m. in the Bloodmobile at the Yermo Annex or in the base gym, Bldg. 44, at the Nebo side of base.

Give blood; the life you save could be your own or that of one you love.

For more info call Josie Marquez, 577-6483.

CWRA Laughlin Trip

The Civilian Welfare and Recreation Association is sponsoring a Sweetheart's trip to Laughlin, Nev., Saturday.

The bus leaves the Victorville IHOP at 7 a.m., stopping at the base gym, Bldg. 44, at 8 a.m. Eight hours after arriving in Laughlin, the bus returns to Barstow and Victorville.

The trip costs \$20/person, but \$10 is refunded upon arrival in Laughlin along with a buffet ticket.

Call the following personnel to reserve a seat:

Name	Phone
Dan Keirn	577-6614
Frederico Molino	577-7210
Ed Guz	577-6183
Vince Chavez	577-7731
Richard Tusing	577-6492
Ed Frey	577-6940
Ernie Hawkins	577-7046
Barbara Kent	577-7600
Barbara Kulseth	577-6771
Tangia Joseph	577-7230
Bruce Rowe	577-7207
Cliff Acles	577-6896
Wrayanne Huddleston	577-6714

Marine Memorial Scholarships

The Marine Memorial Association of San Francisco is now accepting scholarship applications for the 2001-2002 Academic Year.

The association will present 12 scholarships to high school senior graduates in the following categories:

- Marine's Memorial Association Club member's family member;
- Active duty Marine family member;
- Family member (child) of Marine killed on active duty;
- Marine Reservist or family member.

Each scholarship is worth \$5,000 over a four-year period. (\$1,250 per year).

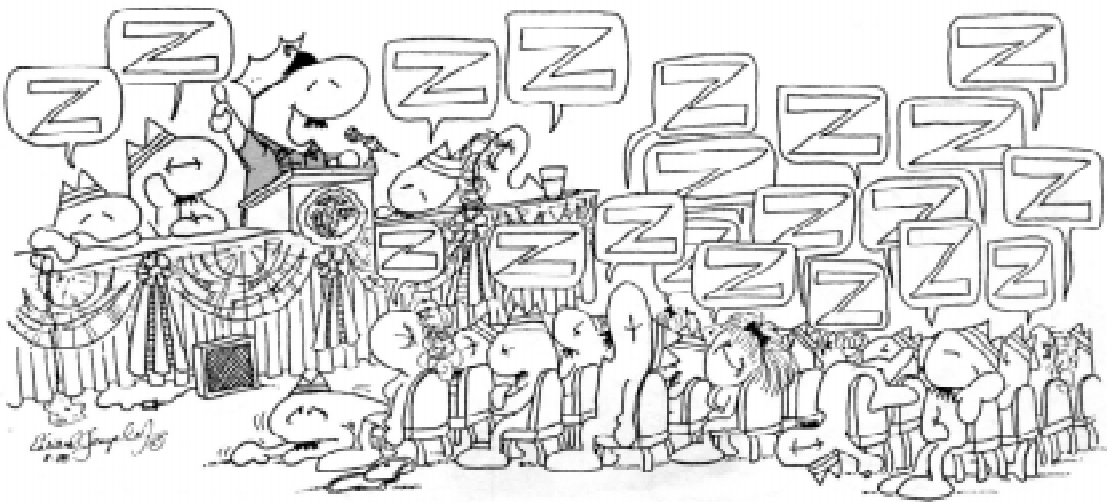
The association is also awarding six \$1,500 scholarships to spouses of members of the Marine Corps Recruiting Command.

The application deadline is March 12.

As part of their original charter, and

101 things you should never ask a Marine to do

By E. Temple



Never ask a Marine to give a short speech.

as a living memorial, the association continues with their commitment to the betterment in education of their member's children and active duty enlisted Marine families.

The association has an aggressive scholarship program that has rapidly grown both in monetary value and increased numbers of scholarships.

For more information on the program, call Phyllis Gunter, scholarship administrator, (415) 673-6672 ext. 202, or visit their Web site at <http://www.marineclub.com>.

Carbon Monoxide Detectors

Various carbon monoxide detectors have recently been recalled including the Nighthawk, the Home Gas Sentry, the Lifesaver the Model 840 Gas Sniffer and Sinostone Corporations SC-01.

If you have any questions about whether or not your carbon monoxide detector has been recalled of for more information call Mary Jane Ackley, the assistant chief of prevention for the Fire and Emergency Services Division at 577-6966.

Camp Lejeune Health Survey

The Public Health Service Agency for Toxic Substances and Disease Registry is conducting a health survey about children born or conceived while living in Camp Lejeune base housing between 1968 and 1985.

The survey focuses on compounds often used in dry cleaning and degreasers that may have existed in the

Camp Lejeune Water Distribution System during those years.

The survey will help the center complete a scientific research study about the effects of exposure of these substances on unborn children.

The center encourages everyone eligible to participate in the survey, regardless of whether or not your child has exhibited any adverse health prob-

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African American History Luncheon

The annual African American History Luncheon is planned for February 15, 11 a.m.-12:30 p.m. at the Oasis Club here.

Barbara Dew, Victor Elementary School District educator and Commissioner of Housing for San Bernardino County's First District, is scheduled as the keynote speaker.

Dew has spent more than 30 years in the Victor Valley area. She has also lived and traveled throughout the United States and Europe. These influences of global as well as local social concerns ignited her passion for history which, in turn, led her to establish the African-American Exhibit and Hispanic Pioneer Exhibit that are permanently featured in the Victor Valley Museum.

She is a graduate of Chapman College in Orange County, Calif., where she earned a Bachelor of Arts in Psychology. She also earned a Multiple Subject Teaching Credential at the University of California in Riverside.

She is an advocate for public education and a catalyst for positive change and constructive reform. She is a member of the Democratic Central County Committee, a State Council representa-



Barbara Dew

tive for the California Teacher's Association, and is on the board for the Route 66 Museum.

The menu for the luncheon is Salisbury steak or Chef Salad and costs \$6.50.

Reservations must be made by February 13.

Contact one of the below listed personnel for tickets and information:

Name	Phone
Robin Cross-Walker	577-6395
Odis Gentry	577-6002
Ed Virgil	577-7460
Marva Johnson	577-6965
Clarence Green	577-6047
GySgt. Bruce Raymond	577-6364
Brenda Mathews	577-6230
Toni Gentry-Irvin	577-7046

Job Watch

Annuc No.	Title/Series/Grade	Open	Close	1st Cutoff	Location
DEU-034-01 NR	Hazardous Waste Handler	01-25-01	02-23-01	02-08-01	MCLB Barstow

WG-6901-06 (Term NTE 366 days)

Applicants interested in announcements beginning with DEA or OTR should submit their resume to:

Human Resources Service Center, Southwest
ATTN: Code 522 (announcement number)
525 B Street, Suite 600
San Diego, CA 92101-4418

For more information concerning public job announcements visit the Self-Service, Bldg. 37, Monday through Friday from 7 a.m. to 3:30 p.m. or call the Human Resources Office 24-hour employment information line at 577-6919.

If you have Internet access, browse to <http://www.usajobs.opm.gov>.

For information regarding Open Continuous Merit Promotion announcements point your browser to <http://www.donhr.navy.mil>.

What I learned, but did not know

By Tech. Sgt. Phillip Copeland
American Forces Press Service

WASHINGTON – I've learned as an adult that there is so much more African-American history than was taught to me as a child.

I learned as a child that the first African Americans were shipped to America as slaves in 1619. Most slaves were taken from the West African countries of Dahomey, Ghana and Nigeria. African Americans remained in the chains of slavery until the end of the Civil War in 1865 and the ratification of the 13th Amendment abolishing slavery that December.

I was taught about African Americans such as Frederick Douglass. Born a slave, he escaped and became a leader of African Americans in the 19th century. He used his powerful voice as a lecturer and newspaper editor to help free the slaves. Douglass ultimately became Abraham Lincoln's adviser and the consul general to Haiti.

I remember school lessons about how Harriet Tubman escaped from slavery, and by way of her "Underground Railroad" led other slaves north to freedom. Like the biblical Moses, she led her people out of bondage, often using the North Star to guide her.

I recall the ingenious accomplishments of George Washington Carver. He was the famous scientist and agricultural researcher who developed hundreds of products from the peanut and sweet potato, many of which we still use.

Booker T. Washington is always remembered in textbooks as the champion of education who founded Tuskegee Institute for African Americans in 1881 and who became the first president of that Alabama college.

I am sure most of us knew Thurgood Marshall as the first black U.S. Supreme Court justice, who used his brilliant legal mind to strike down laws that prevented African Americans from receiving equal treatment.

Civil rights leaders such as Dr. Martin Luther King laid down their lives to pave a path to fair and equal treatment among all our citizens during a pivotal time in American history.

Oh, and you cannot forget the entertainment industry! Louis "Satchmo" Armstrong was a trumpeter and bandleader who became the first jazz soloist to gain fame worldwide. Duke Ellington, Miles Davis and Charlie Parker, just to name a few, awakened the soul of America with their very own styles of jazz.

In the world of sports, the legendary Jackie Robinson may not have been the best African American baseball player of his time, but he had the strength of character and other intangible qualities needed to build the bridge to cross over into professional sports.

These are all great people in history, but there are so many more not mentioned. There is so much African-American history I did not learn as a child.

Sure, I learned about Alexander Graham Bell, but not Lewis Latimer, who lived from

1848 to 1928. Born in Boston to an escaped slave, Latimer served in the Union Navy during the Civil War and later became an inventor. Hired as an office boy for a Boston patent law firm, he became its chief patent draftsman and executed the patent drawings for many of Bell's telephones.

Latimer began working with developing electrical technology in 1880. In 1881, he and a coworker patented an improved method for bonding carbon filaments for light bulbs. In 1882, he patented a new, much more cost-efficient method for producing carbon filaments.

The textbooks taught about Benjamin Franklin, but I do not recall mention of Benjamin Banneker, an African-American mathematician, astronomer and inventor. Appointed to the District of Columbia Commission by President George Washington in 1790, he worked with Pierre L'Enfant, Andrew Ellicott and others to plan the new capital of Washington, D.C. After L'Enfant was dismissed from the project and took his detailed maps away with him, Banneker reproduced the plans by drawing from his remarkable memory.

I talked about African Americans in the entertainment industry, but I did not know, as a child, that W.C. Handy was the "Father of the Blues." He was a famous composer and bandleader who popularized the "blues" as we know them today.

I'm sure most Americans are totally unaware

that Thomas L. Jennings, 1791-1859, was the first African American known to have patented an invention – a dry-cleaning process in 1821. Jan Ernst Matzeliger, 1852-1889, born in Suriname, came to the United States in about 1872, settled in Lynn, Mass., and patented a shoe-shaping machine in 1883 that revolutionized the shoemaking industry.

Explorer Matthew Henson became the first African American to reach the North Pole while on an expedition with Adm. Robert Peary in 1909. As the leader, Peary got the credit, but contemporary accounts claim Henson actually reached the pole first.

As a child, I did not learn what NAACP means, much less the history of the organization. W.E.B. Dubois, a civil rights leader, editor and scholar, founded the National Association for the Advancement of Colored People in 1909. Today the organization remains a powerful guard against racism.

I was not taught about Madame C.J. Walker. She was a successful businesswoman who made millions of dollars by manufacturing hair products and cosmetics for women of color. Her products, still in use today, reached across the global economy.

Did you know Mary McLeod Bethune founded Bethune-Cookman College for African Americans in Florida? I didn't. She helped to educate thousands of African Americans and served as an adviser to the

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AROUND THE CORPS

Rumsfeld gets in touch

By Linda D. Kozaryn
American Forces Press Service

WASHINGTON – The new man at the Pentagon's helm wasted no time getting in touch with the services' senior enlisted members.

January 24, his fourth day in office, Defense Secretary Donald Rumsfeld met with the military's Joint Chiefs of Staffs in the morning, then called for the top enlisted members that afternoon.

For nearly an hour and a half, the secretary talked with Sgt. Maj. of the Army Jack L. Tilley, Chief Master Sgt. of the Air Force Frederick "Jim" Finch, Master Chief Petty Officer of the Navy James L. Herdt, and Sgt. Maj. of the Marine Corps Alford L. McMichael.

Army National Guard Command Sgt. Maj. John J. Leonard Jr., newly appointed as Reserve Affairs senior enlisted adviser, also attended. Master Chief Petty Officer of the Coast Guard Vincent Patton III, unavailable for the joint session, was slated to meet with Rumsfeld January 25.

Tilley and Finch talked the next day with American Forces Press Service about the introductory meeting. Tilley described it as "a very good open, candid and productive discussion."

"He already had bios about us so he knew quite a bit about us," the Army's top sergeant said.

Finch was impressed with how much time

Rumsfeld devoted to the joint meeting. "I thought it was a great meeting overall. It was a very positive session," he said.

Both men noted that the military of today is not the military Rumsfeld knew as defense secretary in the mid-1970s. It was evident from their talks, they said, that the secretary is not coming in with any preconceived ideas.

"He certainly realizes the military has evolved considerably since he was here last in the Pentagon," Finch said.

"He realizes things have changed and there's things that we're doing differently now," Tilley added.

Finch said he was impressed that the secretary wants to hear from a variety of sources on what they think are the main issues affecting the force. Rumsfeld's approach, he said, seemed to be, "Let's see if we can get our heads together and work on things."

The secretary asked the senior enlisted about their roles in the department. "This group really didn't exist in the form that it is today during his time here in the mid-1970s," Finch noted.

The E-9s also talked about how the armed forces have evolved into volunteer forces and how the National Guard and Reserve are now part of the total force. "All the services were very quick to cite examples that highlighted the role the Guard and Reserve play in all of our services," Finch said.

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FTC, DoD announce Soldier Sentinel

From a DoD press release

The signing of a Memorandum of Understanding between the Federal Trade Commission and the Department of Defense will create the first online system designed specifically to identify and collect consumer and identity theft complaints from members of the armed forces and their families. The system, named Soldier Sentinel, also will serve as a consumer protection and education resource. DoD and the Services will use the data collected to shape their consumer education and protection policies at the base, Service and DoD levels. The FTC and the DoD will create and maintain the Soldier Sentinel Web site that will be accessible via links from other DoD sites.

"Soldier Sentinel adds a new dimension to anti-fraud enforcement and education efforts," said Jodie Bernstein, Director of the FTC's Bureau of Consumer Protection. "It gives the military community – no matter how far-flung – a convenient way to file a complaint directly with law enforcement officials."

"We believe that this partnership is a win-win opportunity for both organizations," said Gail McGinn, acting Assistant Secretary of Defense for Force Management Policy. "Our goals are similar – to protect our military members and their families and consumers around the world. This project provides a valuable resource for the Department and will assist us in promoting economic well-being by educating our military community consumers."

Soldier Sentinel mirrors the FTC's Consumer Sentinel system, a secure, password-protected site containing a consumer complaint database and other tools designed to allow law enforcers to

share data about fraud. Consumer Sentinel provides law enforcement agencies in the U.S., Canada and Australia immediate access to complaints involving Internet, telemarketing, direct mail and other consumer fraud, identity theft and other related consumer issues. Appropriate consumer fraud and identity theft complaints collected through Soldier Sentinel is available to more than 250 law enforcement agencies through Consumer Sentinel. The Soldier Sentinel agreement also allows DoD and the Services to collect, share and analyze specific service-related information.

The FTC works for the consumer to prevent fraudulent, deceptive and unfair business practices in the marketplace and to provide information to help consumers spot, stop and avoid them. To file a complaint, or to get free information on any of 150 consumer topics, write to the FTC's Consumer Response Center, Room 130, 600 Pennsylvania Avenue, N.W., Washington, D.C. 20580; or visit the FTC's Web site at <http://www.ftc.gov> or call toll-free, 1-877-FTC-HELP (1-877-382-4357), or use the complaint form. The FTC enters Internet, telemarketing and other fraud-related complaints into Consumer Sentinel, a secure, online database available to hundreds of civil and criminal law enforcement agencies worldwide.

For more information about Soldier Sentinel contact:

Hugh Stevenson, Bureau of Consumer Protection, (202) 326-3511;

Kathy French, Bureau of Consumer Protection, (202) 326-2703;

Cmdr. Rene Campos, Department of Defense, Office of Family Policy, (703) 697-9283.



MCLB teaches fire safety

Trailer classroom provides a graphic glimpse into fire survival for Barstow area children

By LCpl. Cory Kelly
BARSTOW LOG staff

MCLB Fire and Emergency Services is transforming the act of teaching fire safety into the art of fire simulation.

All day, January 30, more than 250 Lenwood students from kindergarten through third grade took turns not just learning but "living" what it's like to be inside a real fire through the base mobile classroom called the Fire Safety House.

Lenwood school children were the first in the High Desert area to benefit from MCLB's new mobile classroom through a new educational fire safety program jointly sponsored by Barstow Fire Protection District and the MCLB Fire and Emergency Services.

The classroom-in-a-trailer, specially made by Scotty, Mobile Concepts, is the only one of its kind in the High Desert and features everything one would find in a real home, minus a bathroom. The only difference between this classroom and a real house is the non-toxic smoke machine that could possibly out-fog the days of disco and the control room it's placed in.

The smoke machine that provides a graphic simulation to the exercise produces the same non-toxic fog commonly used by disc jockeys in dance clubs and in theatrical productions.

The house features a kitchen, a living room and a child's bedroom, all equipped with smoke alarms and strobe lights – for the hearing impaired.

A telephone in the living room with a direct line to the control gives children the opportunity to place



Photo by LCpl. Cory Kelly

Dennis Moore, MCLB's assistant chief of training, teaches a Lenwood School kindergartener how to use a fire escape January 30.

mock 911 calls, and a "hot door" teaches where they shouldn't go if their house is ablaze.

Mary Jane Ackley, the assistant chief of prevention for the base Fire and Emergency Services Division, led children in groups of five through the smoke-filled kitchen, into the living room where the children practice calling 911 and through the bedroom to a window with a fire escape ladder.

One by one, children were taught how to climb down the escape ladder by Dennis Moore, the assistant chief of training for the bases Fire and Emergency Services Division.

"The [kindergartners] push the 911 buttons fine, but [after dialing] they don't put the receiver up to their ear very well," Ackley said, expressing that most children that young are probably not as familiar with how to use the telephone as they should be.

Robert Wyman, MCLB Fire and Emergency Services Division chief, said the demonstration is a better teaching technique than simply gathering students in an auditorium.

Wyman said the program is targeted toward children over the age of five. "If we catch their attention early, they're like little sponges," he said.

Traveling to Lenwood school alongside the Fire Safety House was, Curtis Shaw, firefighter, with a BFPD fire truck. After children made their way through the Fire Safety House they met Shaw, who gave them a glimpse into the life of a firefighter by letting them try on his helmet and jacket and smell the smoke permeating his firefighting suit.

Ackley said the Fire Safety House will travel to two Barstow Unified School District schools every quarter.



Photo by LCpl. Cory Kelly

'I put the baking soda where?'

Lance Cpl. Israel G. Moreno, travel clerk, judges a fourth grader's entry from Montara Elementary School's Science Fair. For years, MCLB Marines have lent of themselves, giving back to the community, by being judges for Barstow Unified School District science fairs. This year is just as the last. And the time has come for Barstow Marines to come out of hiding and place themselves again as pillars in the community by participating in this month's events. For a schedule of this month's events or for more information call 1st. Lt. John K. Norris at 577-6726.

HISTORY from Page 4

president of the United States.

Past history books did not teach of Charles Spaulding, president of North Carolina Mutual Life Insurance Co. His company offered life and health insurance coverage for African Americans when other companies refused to insure them. It's still the world's largest black-owned business.

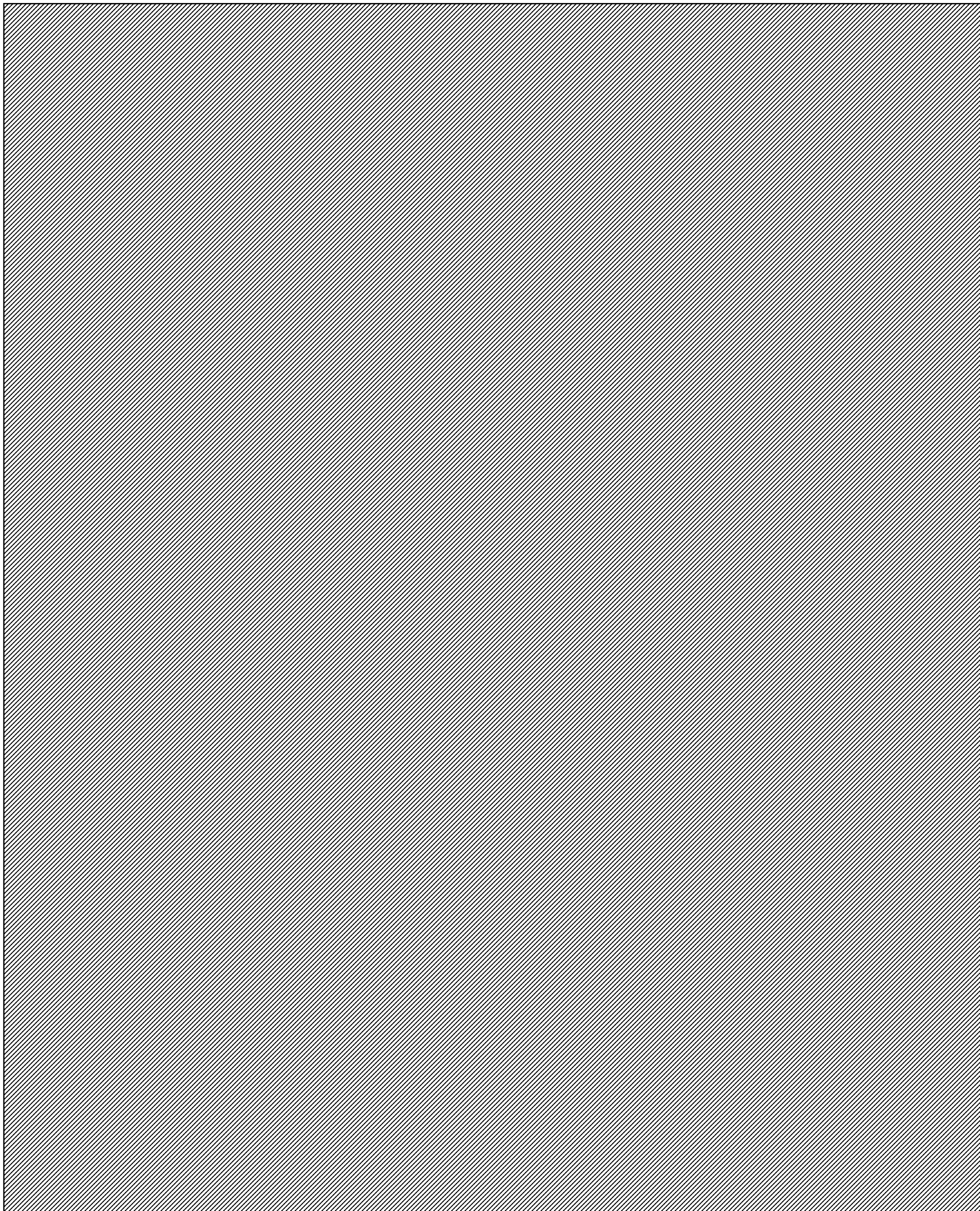
In 1916, inventor Garrett Morgan rescued workmen trapped by a tunnel explosion under Lake Erie. He entered the gas-filled tunnel wearing a safety hood he had patented two years earlier. That hood

was a forerunner of the modern gas mask. Every day you see this man's influence in another way – Morgan patented the automatic traffic signal in 1923 and sold it to the General Electric Co. for \$40,000.

I never heard of Langston Hughes, a poet who captured the dreams and frustrations of his people in poems, short stories and comic essays. He used his pen to celebrate the mannerisms, speech, dances and thoughts of the African-American people.

I did not learn about Dr. Charles Drew, who developed a process for

See **HISTORY** Page 12



READY, FRONT

Headquarters Battalion, Marine Corps Logistics Base Barstow

Former Marine of Quarter takes NCO honor

By LCpl. Joshua Barnhardt
BARSTOW LOG staff

Corporal Jared M. Anderson is the new Non-commissioned Officer of the Quarter. Anderson is a cryptological technician with the Information Systems Office. Anderson said he is the only cryptological technician on base.

Anderson's hometown is Tucson, Arizona. He went to the

University of Arizona, but dropped out to join the Marine Corps.

Anderson joined the Marine Corps on May 5, 1998. He went to boot camp at Marine Corps Recruit Depot San Diego and went to his Military Occupational School at Marine Corps Air Ground Combat Center Twentynine Palms.

MCLB Barstow is Anderson's first duty station. He is a previous winner of Marine of the Quarter. He also received a meritorious mast for Service "A" uniform inspection and various Letters of Appreciation for serving on the MCLB Walking Color Guard.

Anderson was meritoriously promoted to the rank of Corporal in September because he won the Meritorious Corporal Board. He has a Navy Unit Commendation medal to his credit for his work on recruiter's assistance.

Anderson plays on the base softball and basketball teams and participated in the intramural flag football season.

Anderson said he wants to be a stockbroker when his Marine career is over.

He is currently going to college to get an associate's degree in electronics at Barstow Community College as well as play for Comm's intramural basketball team.

Anderson said he volunteers for boards because his MOS has a high cutting score and it is hard for him to get promoted. Winning boards helps with his cutting score and he can also win rank meritoriously.

He said his edge on the Marine of the Quarter board was his battle skills test knowledge. The questions he received covered field first aid, land navigation, uniform regulations, current events, leadership traits and principles, and the Commandant of the Marine Corps' reading list.

By winning Marine of the quarter, Anderson was eligible for the Marine of the year board, however Sgt. Eric C. Behar beat him for that honor.

Anderson has a two-year old son named Tyler. He currently resides in the barracks on base.

His next obstacle will be the meritorious sergeant board.



Official USMC photo

Cpl. Jared M. Anderson

The new Cammies



Official USMC photo

(ABOVE) Lance Cpl. Daniel Calvillo, team leader, B Co., 1st Battalion, 1st Marines models a woodland version of the new utilities. Two versions of the woodlands are being tested. One version has snaps, zip-on sleeves and a standard trouser. The other version has Velcro, standard sleeves, and integrated boot blousing strings.

(BELOW) This close-up view shows the pockets are fastened down with Velcro. Snaps are also being tested. If neither works, buttons will be used on the final version. This picture shows the digital camouflage pattern. It is hard to see, but there is a tiny Marine Corp emblem that repeats in the pattern.



Official USMC photo

PROMOTIONS AND AWARDS

Awards

Navy Commendation Medal

GySgt. Braderick Buford
GySgt. John A. Kraak
SSgt. James M. Quinlan

Navy/Marine Corps Achievement Medal

SSgt. James M. Quinlan
Sgt. Eric C. Behar
LCpl. Richard R. Wheelen, Jr.

Good Conduct Medal

GySgt. Reginald Harris
SSgt. Johnny Garcia
SSgt. Gregory R. Stone
Cpl. Christopher A. Oakes
Cpl. Kyran O. Ramcharan
Cpl. Patrick J. Snyder
LCpl. Aaron F. Frisbie, Jr.
LCpl. Angelina A. Marrero

Certificate of Commendation

Cpl. Jared M. Anderson
LCpl. Richard R. Wheelen, Jr.

Meritorious Mast

Cpl. Michael J. Huckaby
Cpl. Christopher R. Jurgensmeyer

Promotions

The following Marines were promoted to their current rank February 1.

Sgt. Efrain Sotelo III
Cpl. Michael T. Pirozzi
Cpl. Travis L. Sheldon
LCpl. Adam R. Stezel
LCpl. Edward M. Torresosorio
PFC Dennis Taylor

Reenlistments

SSgt. Robert W. Cole 3 years
Sgt. Jesse A. Williams 2 years

Battalion Commander: Maj. Kathy J. Maloney

Battalion First Sergeant: 1stSgt. C. J. Allen III

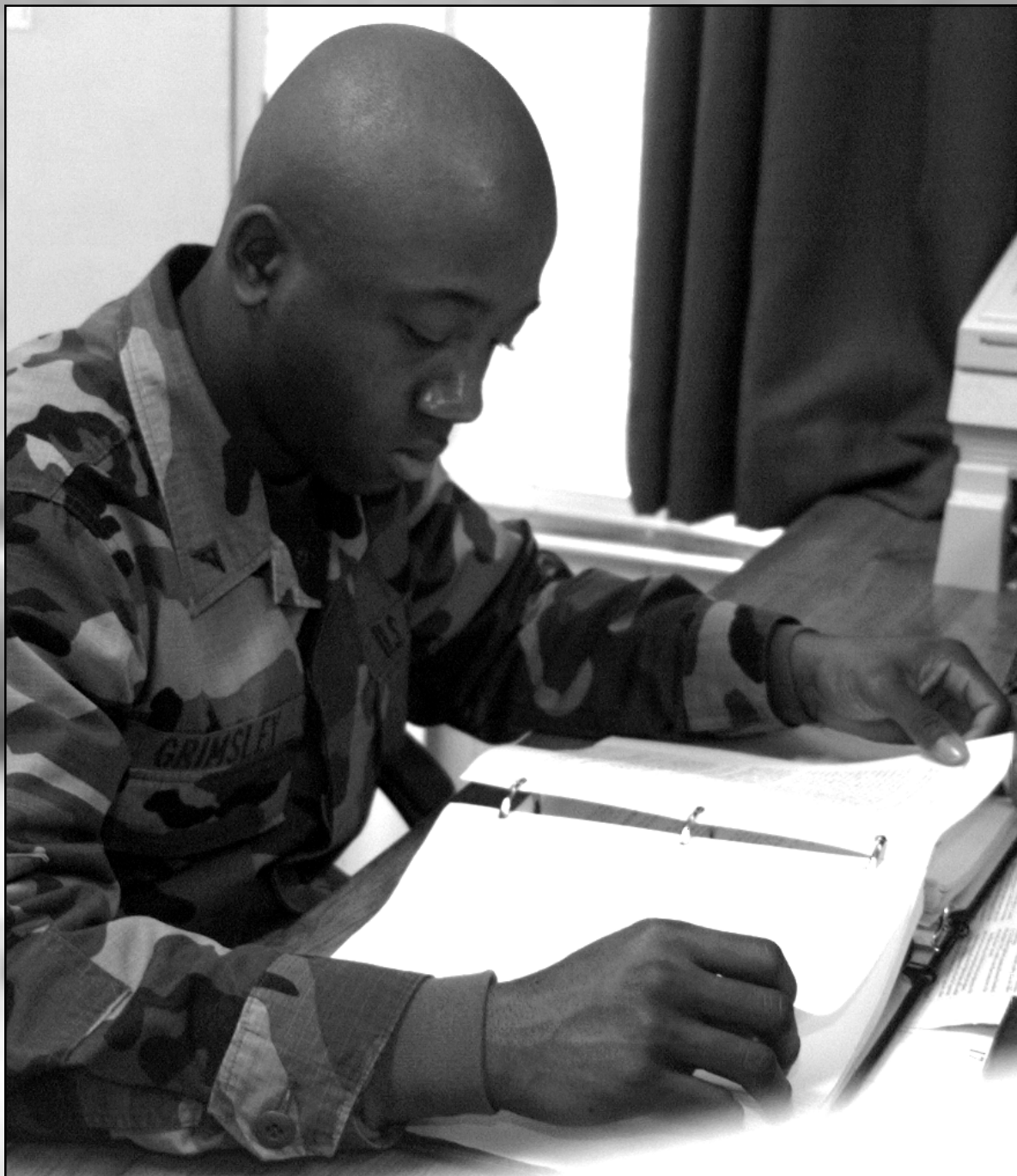


Photo by LCpl. Cory Kelly

Lance Cpl. George Grimsley, SRB clerk, tries to make sense of a manual. Large, confusingly-written manuals are something he and his shopmates stumble across

quite often. They are the basis of their jobs, everything a Marine has, does or doesn't ever dream of doing is all plotted out in some manual. The question is which one?



Photo by LCpl. Cory Kelly

Lance Cpl. Jeremy Wellington, temporary additional duty clerk, fills out forms like no one's business. The Turlock,

Calif., native is professedly not as knowledgeable as his boss, Staff Sgt. Robert Cole, but claims he's getting there.



Photo by LCpl. Cory Kelly

Barstow native Cpl. Micheal McGee, service record book chief, assists Miami, Fla., native Lance Cpl. Edward Torresosorio, SRB clerk, with a child dependency affidavit certificate.

With just a flick of their wrist they can change the life of a Marine. They know the truth about the battle of the ...

Pen vs Sword

By LCpl. Cory Kelly
BARSTOW LOG staff

Most people know about the pen and the sword, and how today's record-binding world has made the pen the stronger of the two.

It is true that unless one is engaged in a physical fight to the death the pen is mightier than the sword – especially in the Corps of today.

So it is almost uncanny that many Marines wouldn't know where to start looking for information in their Service Record Book if the page jumped out and smacked them on the forehead.

On the other hand, if someone were to know every page and code within the SRB and every rule and regulation attached to that code, that person would be a prime candidate for the "secret squirrel" society. It's just that hard.

Luckily, the Marine Corps has Marines all around the globe, to include Barstow, assigned specifically to know, update and keep track of SBRs for all those Marines who aren't members of Mensa (and even those who are.)

In the east wing of Battalion Headquarters Building 302 lies the Consolidated Administrative office, where the portion of Barstow Marines the Corps has given the

heavy task of being an "Admin Marine" carry out the plan of the day.

And according to Staff Sgt. Robert Cole, personnel chief, they do a pretty darn good job of carrying out that plan, whatever it may be.

The Gortland, N.Y. native compared the inner workings of the Admin shop to that of a driver and his vehicle. "[The seniors] may be the ones making the turns and doing the driving, but [the young Marines] are the wheels. They make it all happen."

Recently the wheels of the bus went 'round and 'round for a Marine Corps Administrative Analysis Team – West inspection which far exceeded the expectations of the Corps.

So, it is sufficient to say the Marines and civilian Marines of the Consolidated Administrative Office are doing their job the best they can – keeping Barstow Marines' record books safe and secure from the tyranny of uneducated minds.

But SRB chief, Cpl. Michael McGee, says it's not enough for them to know the innards of everyone's book.

"Every Marine should know what the pages in his book mean," he said. "You have to know how to work the system, otherwise the system will end up working you."



By Jim Gaines
MCCS Publicity

Super Sale at MCX

The February Super Sale continues at the MCX with great bargains like these: Quick & Cool 54-quart coolers with quick-access lid and reinforced swing handle – value priced at \$19.99; JVC disc recorder, multiple compact. (Disc recorder XLR5000) – value priced at \$399.95; and we've slashed prices on our entire stock of scooters – pick them up now at 30 percent off.

The Exchange/7-Day Store is open Monday–Saturday, 8 a.m.–9 p.m., and Sunday, 10 a.m.–6 p.m. Call 256-8974 for details.

The Railhead Exchange is open Monday–Friday, 8 a.m.–6 p.m. and closed Saturday and Sunday. During troop rotation the Railhead Exchange

is open Saturday and Sunday, 9 a.m.–5 p.m. Call 577-7092 for more information.

Weekly Lunch Menu

Today – Cornish game hen.
Friday – Hoki fish.
Monday – Beef and broccoli.
Tuesday – Swiss steak.
Wednesday – Pepper steak.
Thursday – Stuffed pork chops.
Friday – Hoki fish.

Lunch is \$3 military, \$4.50 civilian. A la carte and sub sandwiches are also available for lunch as a substitute or addition.

Lunch is served Monday–Friday at Nebo, 10:30 a.m.–12:30 p.m, and at Yermo, 11:30 a.m.–noon.

Family Night Dinner Menu

Tonight – Taco Night.

Next Thursday – Grilled steak (two for one special).

Family Night dinners are served Thursday evenings at the Family Restaurant, 4:30–7:30 p.m. Prices: (military and civilian) \$4.50 adults, \$2.50 children (5–11 years), children 4 years and under are free. Everyone is welcome.

Sweetheart Dinner Dance

The annual Sweetheart Dinner Dance is Wednesday at the Oasis Club.

There will be a no-host cocktail hour starting at 6 p.m. followed by dinner at 7 p.m.

The dinner menu includes: Prime rib or chicken breast, baked potato with sour cream, green beans almondine, tossed salad with dressing, rolls and butter, apple pie with whipped cream.

Open to all Oasis Club members, their guests, and those eligible for membership. Club members \$12.50 per adult, all others \$13.50 adult (no children).

This year's Sweetheart Dinner Dance is sponsored by Company-level Officers and MCCS. For information call: GySgt. Russell S. Rayford, 577-6963, or Capt. Vincent D. Applewhite, 577-6373.

Parents Night Out

The Child Development Center is open 6–9 p.m. for a Special Valentine's

Parent Night Out Wednesday.

This special event is free for current CDC contract patrons. Hourly care patrons will be charged at regular hourly prices.

Reservations must be made prior to close of business Friday by calling CDC at 577-6287.

YAC Valentine's party

The Youth Activities Center is hosting a Valentine's Party for all registered patrons form 4–6 p.m. Call 577-6499 for more information.

Weekends at Family Restaurant

The lunch menu at the Family Restaurant is posted in every issue of the **BARSTOW LOG** in this column. But have you checked out the Family Restaurant on weekends and holidays?

The Family Restaurant is open 9 a.m.–2 p.m. on weekends and holidays, serving a breakfast and lunch/dinner menu.

The breakfast menu offers a large variety of omelets, as well as a traditional breakfast with eggs, bacon, sausage or ham and hashbrowns.

Pancakes are available too, along with french toast, creamed beef on toast or biscuit.

The lunch/dinner menu also offers a large variety – from hamburgers to veal parmesan to fried chicken.

Drop by this weekend and have breakfast, lunch or dinner at the Family Restaurant. You'll be surprised at the variety on the menu, and well pleased at the prices.

Call 577-6428 for more information on weekend and holiday menu service at the Family Restaurant.

Easter is Coming

The Ceramic Hobby Shop reminds you Easter is not far away. It's time to get started on those Easter projects.

The Ceramic Hobby Shop is stocked with all kinds of rabbits, baskets, candy boxes and eggs all ready for you to develop.

Now is the time to get started. Drop by and look over their selection.

They will assist you on projects from start to finish. If you've been working ceramics for years or are new at it, stop by and visit, see what they have to offer.

The Ceramic Hobby Shop is open Wednesday–Friday, 11 a.m.–7 p.m., and Saturday and Sunday, 10 a.m.–6 p.m. Call 577-6228 for more information.

Hot Line reminder

We've said it before, but it bears repeating – MCCS has a Hot Line to call any time (24 hours a day) to voice your comments, complaints and suggestions. The number is 577-6898.



FRAUD from Page 1

system.”

Union president Chris Moya, said the base is right on track and welcomed the training with open arms. “They’re doing the right thing,” he said, “We’re in total support of the fraud prevention training.”

Howard equated the effectiveness of the training to that of a neighborhood watch program. “It only works if every-one one buys into it,” he said.

“In a neighborhood watch program, everybody has to participate for it to work. If someone doesn’t do their job, it can all fall apart. The same principal works here,” Howard said. “Everyone has to be aware of what’s going on around them so that suspected fraud can be reported and dealt with appropriately.”

Shaunna Arguelles, class attendee, said, “The class was extremely informative, but it also makes you aware of your responsibility to [turn in suspected fraud].”

Howard said committing fraud is a federal offense and is not taken very lightly by the judicial system. “You can even go to jail,” he said.

Howard said, “Worker’s Compensation fraud is a hard thing to detect, and it’s even harder to prove. That’s why these classes are so important.”

During one of his classes, Howard related the instances of a case he worked on as Worker’s Compensation Fraud investigator.

Howard told a story about a fork-lift operator who filed a claim stating that he had hurt his shoulder and hip. The man said he had to use a walker just to walk, and because of his injuries he couldn’t use the clutch on his fork-lift.

“He was an avid golfer, and he really

wanted to practice for a tournament – that’s why he wanted off. So, he faked this injury and got off, but he had to go see a doctor,” Howard said.

The man set up his doctor’s appointment for the morning so he could go golfing in the afternoon, Howard said. The morning of his doctor’s appointment he threw his walker and his golf clubs in the back of his Mustang – which just happened to have a clutch – and drove about a block and a half away from the doctors office where he met his girlfriend.

He then proceeded to park his car, grab his walker and get in his girlfriend’s car so she could drive him to the doctor’s office and no one would see him driving, Howard said.

When they reached the doctor’s office, “... an incredible transformation takes place. She has to open the door for him, help him get his legs out, set the walker up, and help him stand up,” Howard said. “About an hour later he comes out of the doctor’s office. She helps him sit down real easy and get his feet into the car. She shuts the door for him, and she drives him the block and a half to his car. And then another transformation takes place.”

The man jumped out of his girlfriend’s car, grabbed his walker and threw it back into his car and sped off, Howard said. When he got to the golf course, he grabbed his clubs and ran to meet his partners, where he would eventually walk the whole stretch of the course.

Howard said the man perjured himself for an hour and a half in his deposition before the prosecution pulled out the surveillance tape that recorded his trip to the golf course.

Howard also talked about how doctors and chiropractors can take advantage of benefits too. He told of a gentle-

man at Campbell’s Soup in Sacramento, Calif., who burned his hands in a vat of tomato soup.

Before the doctors washed his hands and bandaged them, they gave him blood tests.

“Do you think they just did a couple of tests? No. They tested him for everything, right down to venereal diseases. Why? Because someone had to pay for it,” Howard said. “The next thing they did was x-ray his whole body, right down to his ankles and knees. Then they band-

daged him up and sent him across the hall to see the chiropractor.

“Guess what the chiropractor found out? This guy obviously jerked so hard trying to get his hands out the soup that he hurt his back,” he humorously noted.

“When the young man got home he had his wife dial the phone, and he called [his employer] and said, ‘This is a sham! They’re stealing your money!’”

Gonzales said the program should help build the understanding that reporting acts of fraud is everyone’s respon-

sibility, and that no one should feel like they are a ‘tattle-tale’ for reporting such events.

Howard said, “We are giving [employees] the tools they need to detect if someone around them is abusing the system. A lot of people don’t think that if you are abusing the system you’re doing anything wrong. Rationalization can be a very powerful thing, so the more we educate people the less likely they will be to unknowingly [commit an act of fraud].”

TOUCH from Page 5

It was clear Rumsfeld wants to do “what’s right for the military,” Tilley said. “He was just sort of feeling us out to try to understand exactly what our concerns are and what issues he should work on. He was very interested in getting an update on the TRICARE system, pay issues, and other issues soldiers are concerned about.”

Each E-9 talked about concerns in his particular service. “Quality of life, pay, commissaries, deployments – those are just a few of the things we talked about,” Tilley said.

“We talked about op tempo, TRICARE, infrastructure and equipment,” Finch added. “I got the sense that more than anything else, he wanted to keep an open dialogue with us.”

The secretary indicated that he would meet regularly with the senior enlisted members, possibly every four to six weeks.

“We told him we would all make ourselves available to meet with him and that we would travel with him on troop visits should he desire to do that,”

Finch said. “We hope he takes us up on it.”

The E-9s encouraged Rumsfeld to spend some time with the troops. By getting out to the field, Finch noted, the troops will understand that when the secretary makes decisions affecting their lives, they will be “informed decisions.”

“He left us with the perception that there will be opportunities for us to travel together,” Tilley noted.

“When we’re there and the troops see how we interact with the secretary, then they get a very clear idea of the relationship we have and his level of concern for their well-being,” Finch explained. “It sets a positive tone and shows he’s in tune with their issues.”

The master chief said he was impressed with Rumsfeld’s “straightforward and logical approach” to the topics the senior enlisted threw on the table.

“I’m looking forward to working with him. I think he’s going to be a great leader for our military,” Finch said.

“I left there with a very good feeling,” Tilley concluded.



Microfit: *molding the path to a healthier lifestyle*

By LCpl. Joshua Barnhardt
BARSTOW LOG staff

The Semper Fit program has a new tool to determine a person's level of fitness and what they can do to improve it.

The program is called the Microfit. The Microfit tests blood pressure, resting heart rate, aerobic fitness, body fat, flexibility, and biceps strength to determine how fit you are.

Each area is graded on a scale of excellent to poor. The computer offers tips to work on the areas you might need help with.

The test starts out with a questionnaire about your everyday health habits. It asks if you are a smoker and if they drink and how much they exercise.

Then the Microfit goes into the physical part of the test.

To test the resting heart rate, they put on a monitor around your chest and it counts the beats per minute.

Aerobic fitness is tested by riding a stationary bike. As you maintain 80 rpm's the torque on the bike raises, making it harder to pedal. The computer monitors your heartbeat while performing the exercise. It determines aerobic fitness by how high the heart rate rises when the pedaling becomes harder.

Body fat is measured by calipers hooked up to the computer. The computer takes a reading from the caliper when it is measuring the skinfold. Measurements are taken on the side of the pectoral muscle, right above the waist and on the side of the thigh.

Flexibility is tested just like the old sit and reach test in junior high school. You put your feet on a board, reach out and push down on the number you can reach.

Biceps strength is measured by using a curl bar attached to a platform. When you pull on the bar, the computer measures the amount of force being pushed down onto the platform.

All of the information is compiled onto a sheet of paper that shows your scores and how well they stack up to what is considered physically fit for your age group.

It will also print out a list of exercises you can do and changes you can make in your diet to improve your overall physical fitness.

The Microfit is a good tool to help let you know where you stand as far as physical fitness goes. It is being used to get people on the right track to a healthy lifestyle.

"It compares you to your own age group," said Gunnery Sgt. Michael Claudio, Family Services Counselor. "It lets you know what you need to improve on."

The Microfit shows how to get into the fit or superfit categories for a certain age, said Claudio.

To get a Microfit, all you have to



Photo by LCpl. Joshua Barnhardt

Lance Cpl. Jaime Lugo, base gym, strains as he demonstrates the biceps strength test. He scored a 106, which is a very good score.

do is make an appointment.

Any active duty military, family members, retirees and DoD civilians can get a Microfit, said Marisa Klavon, health promotion coordinator.

The only prerequisite is you have to take a health survey to make sure you are fit enough to take the Microfit, said Klavon.

HISTORY from Page 6

preserving blood as plasma and started the first blood bank. He taught at the Howard University Medical School in Washington and made major contributions to surgical medicine.

On April 1, 1950, Drew tragically died after an automobile accident in rural North Carolina while en route to a medical conference. Much controversy surrounds his untimely death. Within hours, rumors spread about how the man who helped create the first American Red Cross blood bank had bled to death because a whites-only hospital refused to treat him.

Drew was, in fact – or to some people, in propaganda – treated in the emergency room of the small, segregated Alamance General Hospital. Some sources claim two white surgeons worked hard to save him, but he died after about an hour.

Charles Wyner's biography of Drew quotes the other doctors who were in the accident with Drew and a former student who happened to be at the hospital, all of whom were black, confirmed the story that Drew received perfectly adequate care from the two white surgeons.

The rumors of his death, however, epitomized a more general truth about American society during this period. In a generic sense, Drew's death represented the realities of African Americans who were turned away by segregated hospitals.

I was not taught how the Union would not have won the Civil War without African American soldiers. In 1863, white Union forces were depleted, and President Lincoln had

no choice but to allow more blacks to enlist. He admitted that without them, abandonment of the war was likely in three weeks.

Approximately 179,000 black soldiers served in 166 all-black regiments in the Union Army. One out of every four Union sailors was black. African Americans did not receive the same pay or equipment as their white counterparts, but they put resentment aside and fought bravely.

I did not learn about African Americans fighting for the United States in the Spanish-American War in 1898 and World War I in 1917. Segregationists kept trying to bar all nonwhites from military service, but black leaders urged their followers to join up nevertheless. This was perhaps the best way for African Americans to prove their right to equal citizenship.

During World War II, black soldiers fought for the first time in combat units in the Navy, Marines and Army Air Corps. A special flying school was set up at Tuskegee Institute. The 99th Fighter Squadron, consisting of pilots trained at Tuskegee, performed so well in European combat that they helped bring about the eventual integration of the Air Corps. In 1948, President Truman ordered the racial integration of all the armed forces.

Before I joined the Air Force, I did not know most of what I just discussed. My family did not teach me. Neither did my schools. It was my fellow airmen, soldiers, sailors and Marines, members of the greatest military in the world, who've taught me an entire culture of people will not be deprived of its place in history.

SPORTS

SPORTS BRIEFS

All-Marine Triathlon Team

The All-Marine Triathlon Team training camp is at Marine Corps Base Camp Pendleton June 4-12, and the Armed Forces Championship comprised of a 1,500-meter swim, 40K bike ride and 10K run is at Point Mugu, Calif., June 13-17.

The Armed Forces Championship is used to select the U.S. Armed Forces team for the Conseil Internationale Sports du Militaire Triathlon Championship planned for Murska, Slovenia July 2-7.

An All-Marine team of 12 men and 6 women will be chosen by resume. Interested Marines must submit resumes to the Semper Fit athletic director by April 2. Refer to Marine Corps Order P1700.29 for specific details. The order is online at <http://www.usmc-mccs.org> under Policy.

All-Marine Women's Sports

The Director, Semper Fit athletic program, is seeking resumes for four different All-Marine Women's team sports.

Resumes for All-Marine Women's Basketball, Volleyball, Softball and Soccer are due 60 days prior to the start of the All-Marine Trial camps. Resumes must also contain a command endorsement. Send resumes to the local MCCS Semper Fit athletic director. Refer to Marine Corps Order P1700.29 for specific details. The order is online at <http://www.usmc-mccs.org> under Policy.

All-Marine Trial Camp dates and sites are:

Basketball	MCB Quantico, Va.	April 1-21
Volleyball	MCB Kaneohe Bay, Hawaii	April 15-May 8
Softball	MCB Camp Lejeune, N.C.	July 29-August 18
Soccer	MCAS New River, N.C.	Aug 19-September 8

For more information call GySgt. David S. Wersinger or SSgt. Dennis W. Owen, 577-6899.

Fire douses Clinic in first half, 41-28

By LCpl. Joshua Barnhardt
BARSTOW LOG staff

Fire extinguished the Clinic 41-28 in Monday night's game at the base gym.

Anthony Bledsoe led the charge for Fire with 14 points.

The start of the game set the tone for the rest of the evening. On the first possession for the Clinic, Craig Posey of Fire blocked a shot out of bounds, getting lots of oogles from the crowd.

Fire jumped out to a 13-2 lead and never looked back. Posey owned the first half by scoring 12 points and he unofficially had seven blocks.

On one Clinic possession, Romeo Buenaventura threw up a lay-up, but at the last second he saw Posey leave his feet. Buenaventura quickly changed his shot, but he threw it over the backboard.

The score at halftime was 24-6 in favor of Fire. Luis Sugatan led the Clinic with four points.

The second half turned into the Anthony Bledsoe show. He added 11 points to his first half total of three including three three-pointers.

See FIRE Page 14



Photo by LCpl. Joshua Barnhardt

Craig Posey, Fire, goes in for the unmolested jam in the first half of their rout of the Clinic. Posey finished with 12 points and the main reason Fire cruised to victory. Posey is the main catalyst in Fire's offense and defense this year. He is a shot blocking specialist and can score inside.

PMO staves off Officer charge

By LCpl. Joshua Barnhardt
BARSTOW LOG staff

PMO arrested the Officers 51-42 Monday night at the base gym. Travis Dilk led PMO with 11 points. The game started pretty tight and remained that way throughout. The crowd expected PMO to run away with this game, but the Officers had other plans. They put their victory hopes in Brian McClune's hands, who scored 14 points on the night, but it was not enough to overcome PMO. The game was tied at 14 a piece halfway through the first half when PMO went on a 15-4 run to end the half. Leading 29-18, all PMO had to do was play evenly with the Officers the rest of the game. That is just what they did. If it was not for PMO's run to end the first half, the game would have been a squeaker. The Officers played valiantly throughout the game. Elmon Krupnik came up big in the second half getting convenient offensive rebounds right un-

derneath his basket and putting them back up for scores. McClune looked like Steve Kerr in a shoot-around. He did not even hit the rim on most of his three-pointers. All he did was tickle the twine as he racked up his points. PMO, however, had an answer for everything the Officers threw at them. Michael BudabinMcQuown scored four points on one trip down the floor by hitting a foul shot, missing the second and getting the ball back and then canning a three. He added 10 points as well. Jason Grimes kept up his high-flying act by scoring on lay-ups and drives to



Photo by LCpl. Joshua Barnhardt

An officer gets a face full of PMO's Jason Grimes on his way to the hoop for a bucket. Grimes finished with eight points in PMO's win over the Officers.

the basket. The game was marked with physical play throughout and it was a hard fought win for PMO.

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The Clinic broke out of their shooting slump, but it was too little, too late. The Clinic could not overcome Fire's impressive first-half lead. The highlight of the night for the Clinic came within the final minute of the game. Antrione Smith of Clinic

raced for a loose ball, but was getting dangerously close to the out of bounds line. He quickly grabbed the ball, jumped in the air and called timeout. While he was calling timeout, his body became parallel to the floor and he came crashing down to the ground. When he landed a big thud echoed through the gym.

The crowd applauded his efforts as he saved the Clinic a possession. That is one way to take it for the team. Good thing he plays for the Clinic, because he's going to need something to heal the bruises. The final score was 41-28. Buenaventura led the Clinic with eight points in a losing effort.

Please submit all Trader Ads to editor@barstow.usmc.mil.

1998 PLYMOUTH NEON: Black, 2 door, 2 year warranty, very low mileage, asking \$10,000 or take over payments of \$225 per month. Call 245-9214 or 985-9280/9281. Must sell.

1989 DODGE CONVERSION VAN: White /raspberry, looks great w/four capital chairs, fold-up bed, color TV built-in and shady color blinds, need to see to appreciate. Call 245-9214 or 985-9280/9281. Must sell.

1988 FORD ESCORT GT: White, 2 door, standard transmission, \$1,000 firm. Call 256-0986 or 252-1311.

MOTORCYCLES: PW50, KDX 80, STC 70, 125, all run xlt. Call 255-2115. Ask for Jim.

MISCELLANEOUS: Saber saw, \$15; drill, \$15; circular saw, \$15; video camera, \$250; antique bedroom set \$3,000; antique dining room set, \$3,000. Call 252-3510.

MISCELLANEOUS: Used wheel chair has three wheels and new batteries, Shop Rider model Sun Runner, New \$2,535. Asking \$1,500 OBO. Call 252-3510.

MISCELLANEOUS: Nokia mobile phone with battery and case, \$50. Call 242-8839.

MISCELLANEOUS: Ford 2.3 L Pinto cylinder head, cleaned and checked for cracks, bare, \$100.; fresh 10/10 crank, \$75; 454 cast crank 10/10, \$125. Call 243-1392.

MISCELLANEOUS: Chevy power steering box for 68-79 4X4, \$150; 3:08 Posi for 12-bolt 4x4, \$125; ½ ton air hoist \$50; 220V pool jet pump, \$75. Call 243-1392.

MISCELLANEOUS: New and used auto glass, factory Ford rear sliding window F150-F350, standard and super duty cab 1997-2000. Call 253-1942 after 6 p.m.

MISCELLANEOUS: Leer camper shell, white, for small pick-up (Toyota, etc), w/carpet kit, light blue, mounting clamps, window seal, sliding side windows with screens, stepped-up rear w/full glass lift-gate and new openers, \$275. Call 253-4242 or e-mail ndlssummer@iname.com.

MISCELLANEOUS: Pro NordicTrack, xlt condition. Call 253-4242 or e-mail ndlssummer@iname.com

MISCELLANEOUS: Army Blue Mess Jacket, marlowe white and Army Blue, Armor/Cavalry branch, size 42, all accessories for Blue Mess including shoulder knows, ties, buttons, cummerbund, suspenders, old style trefoils, and bouillon Armor insignia, also field grade hat, 7-1/8. Call 253-4242 or e-mail ndlssummer@iname.com.

MISCELLANEOUS: Handmade wooden heart-shaped boxes for your sweetheart on Valentine's Day, \$20. Call 255-2115. Ask for Jim.

MISCELLANEOUS: Lib Tech Snowboard, Jaime Lynn, 151Z series, w/Burton custom freestyle binding, used two seasons, all for \$400 OBO; Burton freestyle boots, size 9, \$80 OBO. Call 948-0741.

MISCELLANEOUS: New Sanyo AM/FM/CD/cassette boom box, \$60; steel workbench, \$50; KORG electronic piano, 88 keys w/carrying case \$900; easy chairs, large, Oak, \$50 each; computer desk, \$30. Call 252-7789.

MISCELLANEOUS: Girl's Lil' Tikes Cottage-style twin-size bed and mattress, xlt cond., bed head has cottage-style roof, and a window to store dolls, etc. must see, \$150; Alpine stepper, very good condition, make offer. Call 253-2677 after 5 p.m.

MISCELLANEOUS: Swivel rocker recliner, \$125; microwave cart, \$100; double papasan w/ottoman, \$100; hand-carved wood coffee table, \$100. Call 254-2295. Lv msg.

MISCELLANEOUS: Aesthetic waxing right here on MCLB Barstow, great rates, convenient appointments. Call today 252-8666.

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lems.
To participate in the survey call 1-877-261-9782, or for more information, call 1-800-639-4270. You can also find information on the internet at <http://www.lejeune.usmc.mil/water/watersurvey.htm>.

**Military Star Card
Interest rate falls**

The Military Star Card interest rate has decreased effective January 17, 2001 from 14.25 percent to 13.75 percent. The decrease is due to the Federal Reserve lowering key interest rates by a half percent.

RA's needed in Mich.

Recruiting Station Troy, Mich., needs Marines for the Recruiters Assistance program. All qualified Marines – private through sergeant– from the Detroit metropolitan area and northern Ohio are eligible to go for a maximum of 30 days. Contact RS Troy, Mich., at (800) 892-7315.

**TRICARE Briefing
comes to MCLB**

A Region 9 briefing team is coming to MCLB Barstow to talk to active duty family members and those retirees and dependants over age 65 February 22. The briefing will be held at the Oasis Club and will cover recent improvements in TRICARE coverage. Call 577-7804 for more info.

**Health and Wellness
Classes at base gym**

There is a class scheduled February 26 on cholesterol and nutrition. The class is designed to learn what foods to include in your diet to manage and lower your cholesterol levels. All classes at the base gym are open to all active duty military, retirees, family members, MCLB wellness members, and DoD civilians.

**Jazz Social Night at
the Enlisted Club**

There will be a Jazz night at the Enlisted Club February 9 starting at 5:00 p.m. Music will be provided by Edward S. Virgil. There is no cover charge, and there will be complimentary hors d'oeuvres.

Calico re-enactment

There will be a Civil War re-enactment Presidents Day Weekend February 17-19 at Calico Ghost Town. Call 1-800-TO-CALICO.

Playskool recalls toy

Playskool is voluntarily recalling about 12,500 Busy Bus Toys. On some units, a piece above the bus door can break off, posing a choking hazard. Only item number 5527 toys with date codes 91671 through 91883 are being recalled to replace. Consumers can contact Playskool at (888) 510-1561 anytime or log on to [http://](http://www.hasbro.com)

www.hasbro.com.

**New Transition
Assistance Website**

There is a new site supposed to complement the existing network of transition assistance offices at more than 212 military installations worldwide. The new Web site is located at <http://www.dodtransportal.org>